

spa

get your y

HOW TO PICK THE RIGHT V

BEAUTY FOODS

fact vs. fiction

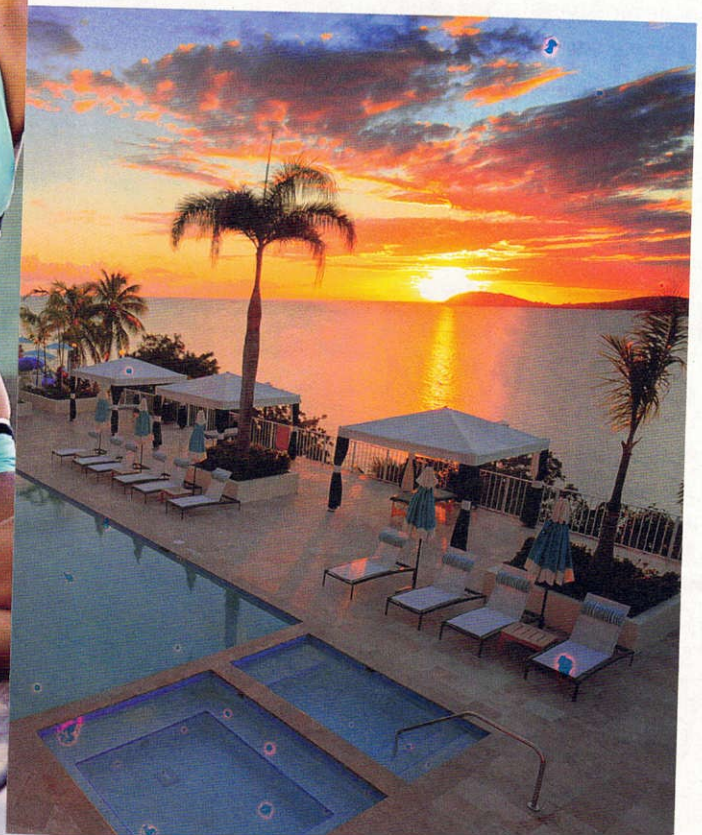


abroad

ST. THOMAS

Ooh-La-Lazule

Like a maritime figurehead, **Frenchman's Reef & Morning Star Marriot Resort, St. Thomas** is perched on a pointed cliff high up over the Caribbean, offering unparalleled views of lapis lazuli-blue water. A recent \$48 million renovation brought a number of new elements, including new room decor in the sea cliff tower; a new restaurant, Aqua Terra; and a new spa, Lazule Sea Spa. The 4,000-square-foot facility includes eight treatment rooms, a couple's room, sauna, steam room and three outdoor treatment cabanas by the private spa pool. Bonus for couples is the coed relaxation room with plump, jade-green armchairs facing a panoramic view of Charlotte Amalie Harbour. In keeping with the setting, treatments are ocean-inspired, utilizing the French product line Phytomer, based upon algae, algal stem cells, seaside plants and seawater concentrates. Our pick: the purifying Island Detox Body Wrap of seaweed paste and clay (50 minutes, \$120). Rooms from \$249, frenchmansreefresort.com — Margit Bisztray



DISPLAY UNTIL 6/26/2012 \$5.99

